

WAYNE VALLEY HIGH SCHOOL

551 Valley Road



Wayne, NJ 07470



DEPARTMENT OF HEALTH PHYSICAL EDUCATION



Guidelines and Procedures

- All students must be prepared for physical education every day. Students must have athletic shorts, athletic sneakers, and an unadorned tee shirt. Students may also wear sweat pants and sweatshirts, but the tee shirt must still be worn. Sweatshirts cannot have hoods, pockets, or zippers.
- Students are not permitted to wear “short” shorts, sleeveless tee shirts, or shoes that are not appropriate for physical education. Tee shirts must fully cover the stomach, and shorts must be an appropriate length. It is strongly advised that students have a separate pair of sneakers, specifically for physical education, that they can leave in their locker.
- Please place your last name on all clothing for identification purposes. Your last name must be written across the back of your physical education shirt and must be clearly visible.
- There is to be not jewelry of any kind worn during physical education. Students are responsible for lock all personal belongs in their gym locker during class. Earrings may not be covered with tape. **NO JEWELRY**
- Physical education clothing be brought home at the end of the week and returned clean for the next physical education class.
- Students are given 4 minutes at the beginning and end of class to dress. Students who misuse this time will not be given passes to the next class.
- Every student will have an assigned locker in the locker room that they will have use of for the school year. A Master Lock will be provided to each student. Students may not share a lock or locker with any other students. Students are responsible for locking **ALL** personal belongings in their locker during the physical equation class. **DO NOT** leave valuables out during class.
- Conduct yourself in the locker room as you would in any classroom. For the safety of all students, unacceptable behavior will not be tolerated.
- At the end of class, no student may leave unless dismissed by a teacher. Exit and return to the building via the appropriate doors. Report directly to the locker room and do not leave the locker room until dismissed.
- No spray deodorant or perfume is permitted in the locker room. No glass bottles of any kind are permitted in the locker room. No food or drink is permitted in the locker room.
- Do not clean off sneakers in the hallways or locker rooms. Any dirt or grass should be removed before entering the building.
- Students who arrive late to physical education without a pass and do not have time to dress will receive a zero for the physical education class.

Grading and Evaluation

- Physical education grades will be determined as follows. 100 points

50 points: PERFORMANCE OUTCOMES: **Daily** performance, fitness, skills effort and improvement.

25 points: LEARNING OUTCOMES: Assessments, quizzes, knowledge, rules and strategy

25 Points: PREPARATION: **DAILY ACTIVE** participation, tardiness, regular attendance.

- Students will be evaluated from the first day of the marking period through the last day of an activity in that marking period. Students will have two activities each marking period. The average of the grades from each activity will determine the final marking period grade.
- The fitness component is an integral aspect of the physical education program. Fitness will be incorporated into every unit. Students who fail to actively participate in the fitness component will have the performance aspect of their grades lowered.
- **CUTS:** A student who cuts physical education will lose 10 points off the performance portion of their grade. A student who cuts physical education 3 times in a year will automatically receive a failure for the year. That student will be eligible to repeat the course in summer school only if he or she continues to dress and participate for the remainder of the year.
- If a student is not prepared or does not participate in physical education, the following penalties will be in effect during any one marking period.

First Unprepared / Non Participation:	Participation aspect of grade lowered.
Second Unprepared / Non Participation:	Final grade will be lowered by 10 points.
Third Unprepared / Non Participation:	Final grade will be lowered by 20 points.
Fourth Unprepared / Non Participation:	Failure for the marking period.

- Students must dress and participate daily in physical education. In any marking period, a student may be withdrawn failing and will repeat the course the following year and **will not be eligible for summer school** if they do not dress for class and actively participate. This includes any student who has 4 zeros in the marking period.
- Physical education excuses must be in writing from the Health Office. If a student presents a parent excuse request, that student must **first dress for the activity** and get a pass to the Health Office from his or her physical education teacher. Parental requests do not excuse students from being prepared for physical education. Extended excuses (more than 3 days) must be issued from the Health Office accompanied by a physician's written request. The Health Office and the physical education department must be made aware of any health concerns that may affect a student during physical education.
- If a student has a pass from guidance, the student must report to physical education, dress for class, present the pass to the teacher and then report to guidance.
- Cell phones are **NOT PERMITTED** in physical education class. They must be locked in the student's locker during class. Use of your cell phone will result in a one hour Saturday detention
- If there are any concerns that are not covered in this document, or a specific concern arises during the school year, please consult with your child's physical education teacher immediately.

Please sign and return this signature page to your child's physical education teacher.

Both the parent/guardian and the student are asked to sign below to acknowledge the above policies and procedures. All of members of the physical education department look forward to a successful school year. Thank you for your cooperation.

Print Student's Name _____

Physical Education Period _____

Signature of Parent/Guardian _____

Date _____